

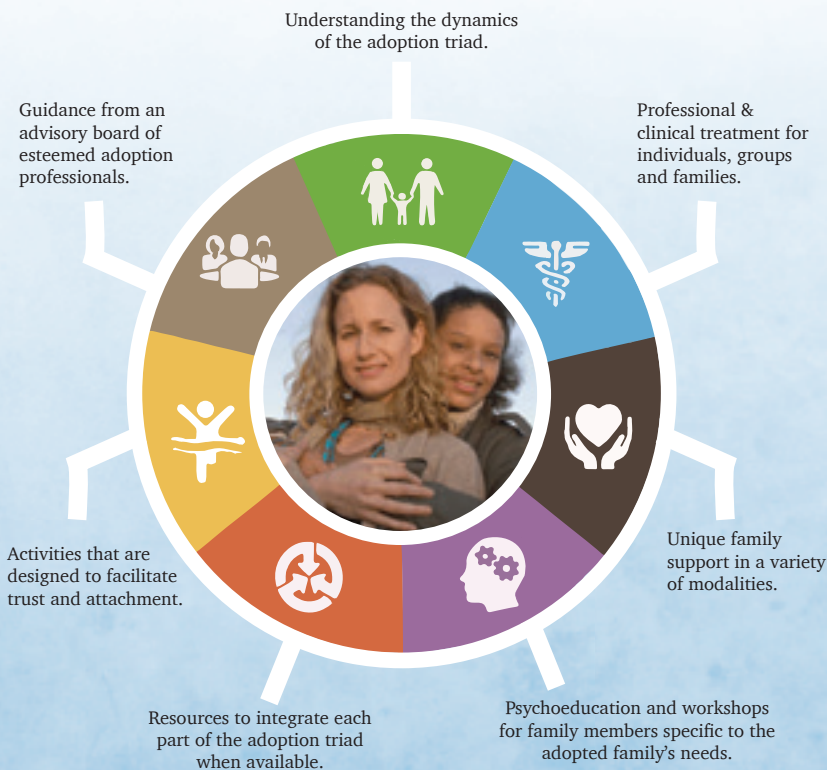


three points center

Three Points Center Residential Treatment Center is a specialized nurturing program for adopted youth and their families. Because adopted children are 7 times more likely than non-adopted children to end up in youth residential treatment centers, Three Points Center has been designed through the lens of the adoptive-family, and we strive to provide unparalleled support for the entire family. Unlike other residential treatment centers, adopted youth and their families are our only clients. Our philosophy is systemic—we believe that the “problem” is not the adopted child, but rather, a family system that needs help and if change is to be long-lasting, the family must be united in this change.

Becoming Whole Through a Holistic Approach

Three Point Center’s comprehensive 360-degree approach includes:



Three Points Center is located on a ranch just outside of Hurricane, UT. Our property comprises approximately 180 acres and sits 3,900 feet above sea level on the Hurricane Mesa. We have two ponds, a stream, vegetable garden, horses, goats, pigs, chickens, a peacock, and our own continuous water supply.

Adoption isn’t just about a child—it’s about an entire family. Our goal is to help an adopted child heal from a troubled identity and feel whole so we customize a comprehensive 360-degree treatment plan for each Three Points Center participant. This treatment combines:

- Attachment/Trauma Focused Therapy
- Neurofeedback (separate fee)
- Outdoor adventure therapy
- Equine therapy
- Fitness
- Art, Music, and Dance as a part of the milieu
- Community Service
- Gardening
- Animal Care



Repair heartbreak. Regain trust. Restore harmony.



Clinical Process

Each child’s therapist creates a comprehensive treatment plan specific to them and their family’s needs.

The elements of the therapy program are also designed to assist students to meet the Four Universal Needs: Belonging, Independence, Mastery, and Generosity, cf. Brendtro, Brokenleg, and Van Bockern, 2005.

Each week, to meet the goals and objectives in the treatment plan, your child is engaged in:

- Individual therapy – 1 hour per week
- Group therapy – 4 hours per week
- Family therapy – 1 hour per week
- Positive Peer Culture – 5 hours per week
- Psychological evaluation administered if needed
- Residential staff available 24 hours a day

Academics

At Three Points Academy, all students experience academic success, demonstrate critical life skills and discover their “fit” in the world through meaningful relationships. Three Points utilizes a blended instructional model including face-to-face and online learning activities. Class size is no more than 12 students.

A variety of credit is available including core credit and elective credit, initial credit or credit recovery. Accommodations are provided for students with IEPs. SAT and GED prep courses are also available. Life skills and service-learning are integrated throughout the core.



Parent Involvement

Many of our trauma-informed interventions, including clinical and psychoeducational support, embrace various parts of the family, including siblings and extended family. Our name, ‘Three Points Center’, was chosen to acknowledge the importance of the adoption triad of the birth parent(s), adoptive parent(s) and the adopted youth. Everything we do—from activities at Three Points Ranch to assisting with Birth-Family Reunions to Outdoor Therapy to working with local animal shelters—is geared towards the healing of wounds and growth of the adoptive family.

- 4 Parent Weekends per year
- Parents are highly encouraged to participate in the treatment process
- Weekly unsupervised calls with their child
- Open campus philosophy as parents are vital for long term family success and are invited to visit often
- Parent group conference call twice a month
- Family Connect—allows parents to see pictures, updates on their child from their therapist and grades from school



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ThreePointsCenter.com

To learn more about Three Points Center or request information for a client, please call or email:

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